"3 Easy Steps to Start Your Gym Journey: Sign Up, Download the KISI App, and Unlock the Gym with Your Phone!"

Step-by-Step Guide to Sign Up for B-Fit Fitness and Use KISI Door Access

Step 1: Sign Up for B-Fit Fitness Membership

- 1. Visit the B-Fit Fitness Sign-Up Page:
 - Open your web browser and go to the B-Fit Fitness online sign-up page: <u>B-Fit Fitness Sign-Up</u>

2. Create an Account:

- On the sign-up page, you'll need to enter your personal information. This may include:
 - Full Name
 - Email Address
 - Phone Number
 - Address (if required)
 - Payment information (credit card, debit card, or other payment methods available).

3. Choose Your Membership Plan:

- Select the membership plan that best suits your needs (e.g., monthly, yearly, single access, or family plans).
- Review the plan details, including any additional services, classes, or access you may want.

4. Agree to Terms and Conditions:

- Carefully read through the terms and conditions of the membership.
- Check the box to agree to the terms, and if there are any other forms (like waivers), make sure to complete those as well.
- 5. Submit Your Registration:

 Once you've entered all your details, double-check everything for accuracy, then click Submit or Sign Up to complete the registration process.

6. Confirmation:

 After submitting, you should receive a confirmation email or text message from B-Fit Fitness, acknowledging that your membership is successfully activated. Make sure you keep an eye on your inbox for any additional instructions.

Step 2: Download the KISI Door Access App

- 1. Go to Your App Store:
 - Open the App Store on your iPhone or Google Play Store on your Android device.
 - In the search bar, type "KISI" and look for the KISI Access Control app. It's free to download.
- 2. Download and Install the KISI App:
 - Tap on **Install** or **Get** to download the app to your phone.
 - Once the download is complete, open the KISI app to start the setup.

Step 3: Set Up Your KISI Account for Gym Door Access

- 1. Sign Up or Log In to KISI:
 - Open the KISI app on your phone.
 - Since you're a new user, tap on **Sign Up**.
 - Use the email address that you provided when you signed up for your B-Fit Fitness membership.
 - This ensures that your gym access is linked to your membership and allows seamless integration with B-Fit Fitness' door access system.
- 2. Verify Your Email:

- KISI will send a verification email to the email address you used. Check your inbox (and spam/junk folder if needed).
- Open the email and click the Verify Email link to confirm your email address.

3. Grant Permissions:

- After verifying your email, open the KISI app and log in again with your email address and password.
- You will likely be prompted to grant the KISI app permission to use your phone's Bluetooth and location settings to unlock the gym door automatically.

4. Request Gym Door Access:

- In the KISI app, look for an option that says Request Access or Request Door Access for B-Fit Fitness.
- Since your account is linked to your membership, this should allow you to request access for gym door unlocking.
- You may be approved immediately, or you might need to wait for approval from the B-Fit Fitness management team.

5. Confirmation:

- Once approved, you should receive a notification in the KISI app that your access has been activated.
- You can now use your **phone** to unlock the gym door anytime you visit.

Step 4: Using Your Phone to Unlock the Gym Door

1. Go to the Gym:

• When you arrive at B-Fit Fitness, open the KISI app on your phone.

2. Unlock the Door:

- Ensure that **Bluetooth** is turned on and that you are within range of the gym's door.
- The KISI app should automatically detect the gym door. If not, tap on the Unlock Door option in the app.

• Hold your phone near the door to unlock it.

3. Enjoy Your Workout:

• Once the door unlocks, you can enter and start your workout!

Troubleshooting Tips:

- **Check Email for Registration Issues**: If you haven't received the verification or approval email from KISI, check your inbox or spam folder.
- Ensure Bluetooth Is Enabled: Make sure Bluetooth is turned on in your phone's settings for the KISI app to function properly.
- **Contact B-Fit Fitness Support**: If you encounter any issues with door access, reach out to B-Fit Fitness customer support for assistance. They can help you troubleshoot the KISI app or membership status.

Summary of Steps:

- 1. Sign up for B-Fit Fitness via the online registration page.
- 2. Download and install the KISI app on your phone.
- 3. Sign up for KISI using the email from your B-Fit membership.
- 4. **Request access** to the gym door via the KISI app.
- 5. **Use your phone** to unlock the door when you arrive at the gym.